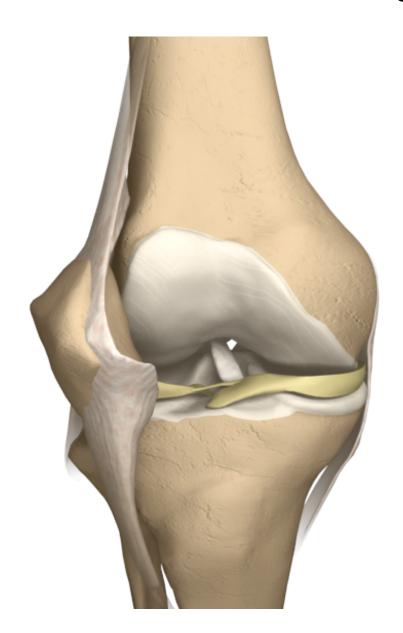
## Tomas Pevny, MD



### Meniscus Problems - Torn Meniscus Trimming

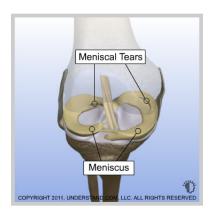
A healthy meniscus acts as a shock absorber and provides a smooth surface for your knee to glide on. A meniscal tear prevents your knee from rotating causing pain and locking.



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# Tomas Pevny, MD ORTHOPEDIC SPECIALIST





#### **Torn Meniscus Trimming Introduction**

A healthy meniscus acts as a shock absorber and provides a smooth surface for your knee to glide on. A meniscal tear prevents your knee from rotating causing pain and locking.

#### Doctor's Personal Note: A Message From Dr. Pevny

Thank you for visiting my website and viewing the 3D Animation Library. These animations should assist you in better understanding your condition or procedure. I look forward to answering any additional questions you may have. Please make an appointment by calling (970) 544-1289.



#### **Incisions**

Small incisions (portals) are made around the joint. The scope and surgical instruments will go into these incisions.



#### Visualization

The scope is inserted into the knee. Saline solution flows through a tube (cannula) and into the knee to expand the joint and to improve visualization. The image is sent to a video monitor where the surgeon can see inside the joint.

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#### **Trimming**

A surgical instrument is inserted into the knee and used to trim the torn piece of meniscus.



#### **End of Procedure**

After the trimming is finished, the surgical instruments are removed and the procedure is completed.

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