# Tomas Pevny, MD



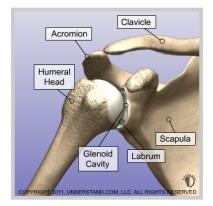
## **Total Shoulder Replacement**

Total Shoulder
Replacement is performed
when arthritis or
degenerative joint disease
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and painful. The procedure
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of the shoulder joint with a
metal humeral head (ball)
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### ORTHOPEDIC SPECIALIST





### Total Shoulder Replacement Introduction

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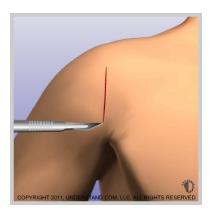
#### Doctor's Personal Note: A Message From Dr. Pevny

Thank you for visiting my website and viewing the 3D Animation Library. These animations should assist you in better understanding your condition or procedure. I look forward to answering any additional questions you may have. Please make an appointment by calling (970) 544-1289.



### Cartilage Wear

In cases requiring total shoulder replacement, the cartilage becomes worn and the underlying bone develops spurs and various irregularities which produce pain and loss of arm motion.



#### Incision

An incision is made around the shoulder joint. The incision is commonly made along the side or in front of the arm. The muscles and tendons are moved away from the joint to expose the humeral head and labrum.

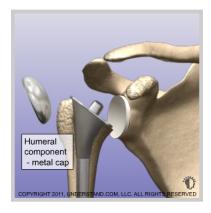
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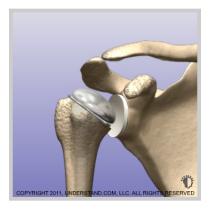
### Removing the Humeral Head

The shoulder is moved to allow access into the joint. The head of the humerus is removed and the glenoid cavity is cleaned out in preparation for the replacement component.



### Fitting the Stem and Ball

The hollow channel inside the humerus is prepared so the humeral stem can be fit into position. Depending on your surgeon's preference, cement may or may not be used to secure the stem. A carefully fitted "ball" is secured to the end of the humeral stem.



### Rejoining the Shoulder Joint

The shoulder joint is then rejoined and all surrounding tissues are put back into normal position.

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#### End of Procedure

Total Shoulder Replacement can provide complete or nearly complete pain relief in most patients and will allow patients to carry out many normal activities of daily living, light labor and sporting activities.